



Gamblers Anonymous

Date: EVERY THURSDAY beginning April 12, 2007

Time: 1900

Location: Landstuhl ASAP Building 3820, Room 103

1. Did you ever lose time from work or school due to gambling?
2. Has gambling ever made your home life unhappy?
3. Did gambling affect your reputation?
4. Have you ever felt remorse after gambling?
5. Did you ever gamble to get money with which to pay debts or otherwise solve financial difficulties?
6. Did gambling cause a decrease in your ambition or efficiency?
7. After losing did you feel you must return as soon as possible and win back your losses?
8. After a win did you have a strong urge to return and win more?
9. Did you often gamble until your last dollar was gone?
10. Did you ever borrow to finance your gambling?
11. Have you ever sold anything to finance gambling?
12. Were you reluctant to use "gambling money" for normal expenditures?
13. Did gambling make you careless of the welfare of yourself or your family?
14. Did you ever gamble longer than you had planned?
15. Have you ever gambled to escape worry or trouble?
16. Have you ever committed, or considered committing, an illegal act to finance gambling?
17. Did gambling cause you to have difficulty in sleeping?
18. Do arguments, disappointments or frustrations create within you an urge to gamble?
19. Did you ever have an urge to celebrate any good fortune by a few hours of gambling?
20. Have you ever considered self destruction or suicide as a result of your gambling?

- Most compulsive gamblers will answer yes to at least seven of these questions
- USAG Kaiserslautern wants to help. DSN: 486-1710 Civ: 06371.86.1710
- USAG K Chaplain's Office - 489-6743; Civ: 0631-536-6743.

Need Specific Information or to speak with a sponsor for GA?

Call 0175.107.8026

USAG- Kaiserslautern Gamblers Anonymous Supporting Your Financial Health and Military Readiness!

Cell: 0175.107.8026
ASAP: 486-1710

Cell: 0175.107.8026
ASAP: 486-1710

Cell: 0175.107.8026
ASAP: 486-1710

Cell: 0175.107.8026
ASAP: 486-1710

Cell: 0175.107.8026
ASAP: 486-1710

Cell: 0175.107.8026
ASAP: 486-1710

Cell: 0175.107.8026
ASAP: 486-1710

Cell: 0175.107.8026
ASAP: 486-1710